

# Outdoor Play - Winter

## Importance of outdoor Play

Playing in the snow provides children with unrestricted space and endless opportunities to stimulate their play, learning and physical development. Playing with friends and family in the snow gives children memories that will stay with them for the rest of their lives.



## Examples of winter play

Have a snowball toss, go sledding, go skating, build a snowman, spray paint snow with food colouring and water, make a snow maze.



Make snow angels, build a snow fort, make snow sculptures, blow bubbles and watch them freeze, play tic tac toe.



Make snow trails, play football, catch snowflakes with your tongue, make snow ice cream, have a winter picnic, measure fresh snow, make snow faces on trees, bury your legs in the snow, paint the snow, go on a hike, go skiing, play hockey, roll in the snow, play leap frog.

