

Outdoor Play - Spring

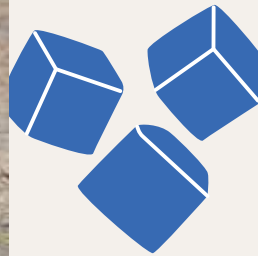
Importance of outdoor play

Outdoor play, especially in the springtime, is an essential part of childhood. Children playing outside can improve spatial recognition by engaging in simple activities such as seeing leaves change, jumping in puddles, or watching the flowers sprout during the spring.



Examples of spring play

Puddle jumping
Make a flower bouquet
Dig for worms
Chase a rainbow
Mad faces on trees
Make a fairy garden
Blow bubbles



Make mud pie, climb a tree, spin in circles, tree etching, plant seeds, play with a jump rope, cloud watching, make rain art, draw with chalk,



Visit a pond, go on a bug hunt, nature walk, play with wind, make spring nature art, read outside, weave a bird nest, make spring rubbings, turnover logs and rocks, play hide and seek.