

Outdoor Play - Fall

Importance of outdoor Play

Outdoor play leaves kids with more advanced motor skills than their "indoor" peers, including coordination, balance and agility. Kids who play outside are more likely to move in ways that challenge their muscles, bones and physical endurance.



Go on a Leaf Hunt
Find the Tree That Matches
the Leaf

Use Fall Leaves to Make
Land Art

Look for Symmetry in
Nature



Examples of fall play

Play Fall Leaf Counting Games
Rake and Jump in Piles of
Leaves

Make a Leaf Maze or Labyrinth
in outdoor play area
Make a Leaf Slide



Find the tree that matches the leaf,
use fall leaves to make land art,
bake apple pie, mummy wrap a
friend with toilet paper, make fall
trail mix, paint a pumpkin,
geocaching, make apple prints,
toss a football, collect acorns, pick
flowers, build a fort, bird watch,
bobbing for apples, fly a kite.